

Cancer screening.

A step that can save your life.



Fondation
québécoise
du cancer

Du soutien au quotidien

Cancer is generally easier to treat when it is detected early. Talk to a health care professional if you are at high risk*.

SCREENING RECOMMENDATIONS FOR WOMEN

Cervical cancer

HPV test every 5 years starting at age 25, or Pap test starting at age 21.



Oral cancer

Clinical examination by your dentist during routine check-ups.



Breast cancer

Breast observation starting in adolescence. Mammogram every 2 years between ages 50 and 74, and before 50 if you are at high risk*, in consultation with a healthcare professional.



Colorectal cancer

Screening every 2 years between ages 50 and 74. If you are at high risk*, screening may begin earlier in consultation with a healthcare professional.



Lung cancer

Between the ages of 55 and 74, if you have been smoking for 20 years or previously smoked for at least 20 years.



Cancer de la peau

Monthly self-examination or a medical examination at any age.



Ignoring risk does not make it go away.

Screening starts now.

Learn more



cancerquebec.ca/en



*For more information about high risk, screening, or cancer:

Info-cancer Hotline
1-800-363-0063