

Cancer screening.

A step that can save your life.



Fondation
québécoise
du cancer

Du soutien au quotidien

Cancer is generally easier to treat when it is detected early. Talk to a health care professional if you are at high risk*.

SCREENING RECOMMENDATIONS FOR MEN

Testicular cancer

Monthly self-examination, starting at age 15.



Oral cancer

Clinical examination by your dentist during routine check-ups.



Prostate cancer

From age 55, discuss the benefits and limitations of screening with a physician. If you are at high risk*, screening may begin earlier.



Colorectal cancer

Screening every 2 years between ages 50 and 74. If you are at high risk*, screening may begin earlier in consultation with a healthcare professional.



Lung cancer

Between the ages of 55 and 74, if you have been smoking for 20 years or previously smoked for at least 20 years.



Skin cancer

Monthly self-examination or a medical examination at any age.



Ignoring risk does not make it go away.

Screening starts now.

Learn more 

cancerquebec.ca/en



*For more information about high risk, screening, or cancer:

Info-cancer Hotline
1-800-363-0063